

Lewis & Irene

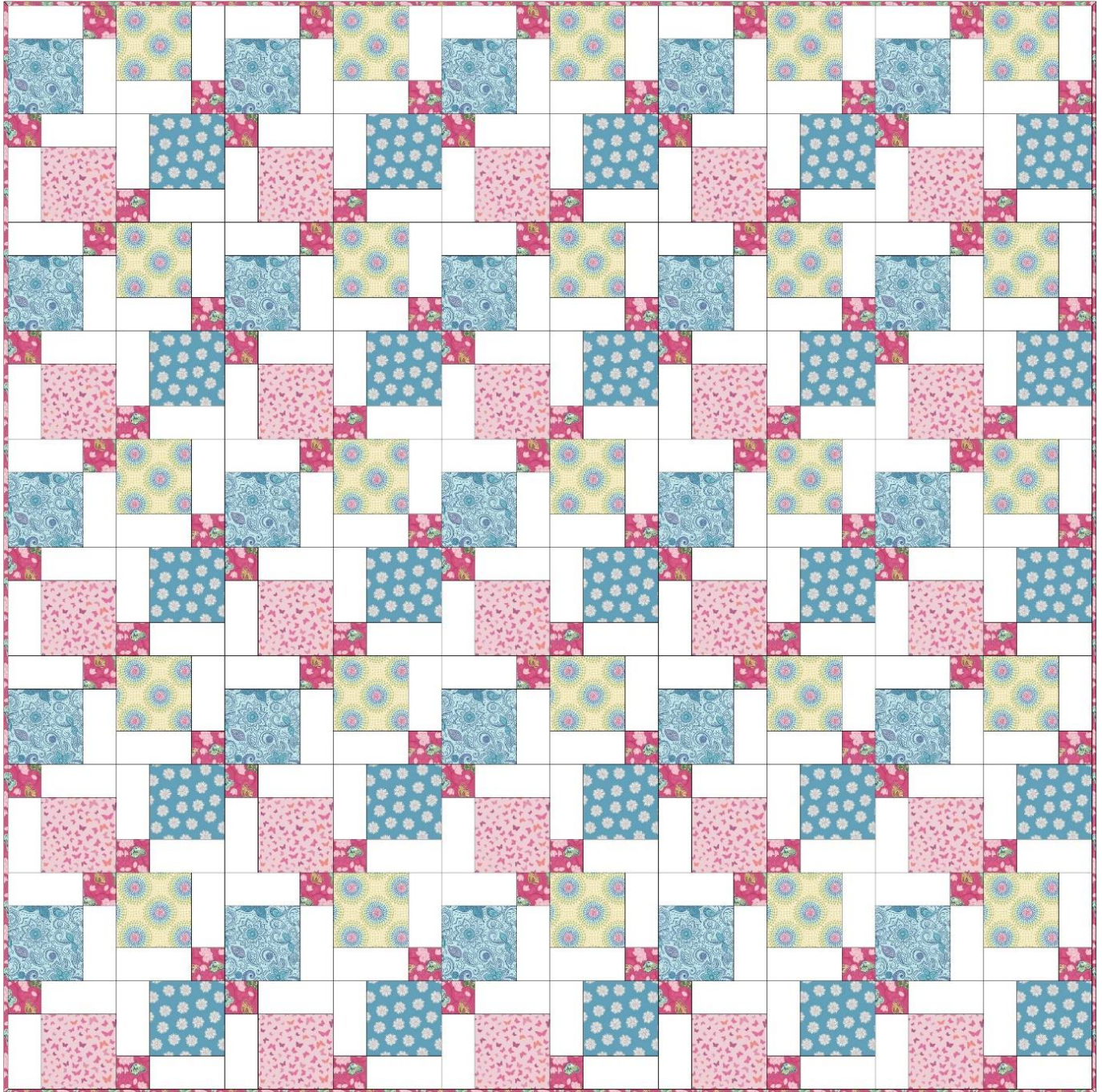
threaded with love

Sew Mindful Quilt

Designed and made by Sally Ablett

Quilt Size: 65" x 65"

Block Size: 13½" x 13½"



Main Diagram

FABRIC REQUIREMENTS (Sew Mindful Collection)

Fabric 1: 1yd - 1mtr - A261.3 (Floral flow on blissful blue)

Fabric 2: 5/8yd - 60cm - A262.2 (Butterflies on peaceful pink)

Fabric 3: 5/8yd - 60cm - A263.1 (Rainbow circles)

Fabric 4: 5/8yd - 60cm - A264.3 (Flower mandalas on blue)

Fabric 5: 5/8yd - 60cm - A265.3 (Lotus flowers on hot pink)

Fabric 6: 17/8yd - 1.70mtr - White fabric

Wadding and backing 69" x 69"

CUTTING

1. From each of fabrics 1, 2, 3, 4 and 5 cut:
25 x 5" x 5"
2. From fabric 6 cut:
100 x 5" x 5"

MAKING UP THE BLOCK

Lay out your fabric pieces as in the diagram



Disappearing nine patch block

Stitch the squares together to form a traditional nine patch

Cut the block into four equal pieces by cutting through the block vertically and horizontally.



Arrange the block as in the diagram



Stitch in rows and then stitch the rows together to make the block

You will sew 25 blocks in total

Lay out the blocks as in the main diagram

Sew in rows, pressing the seams to the right on the first row and then to the left on the next row

Do this to each row, will help when sewing the rows together

COMPLETION

Make quilt sandwich with quilt top, wadding and backing

Pin or baste layers

Quilt as desired

Trim away wadding and backing from quilt top

Use your favourite method from fabric 1 for binding the quilt

